

Editor's Message

I love the fall season with its beautiful colours and cooler temperatures. The rhythm of the seasons brings life and growth as the years march forward, often all too quickly with the busyness of our professional lives. It is important to take time to step away from the daily grind, to nurture ourselves, and to feed our thirst for knowledge. We can help you with that as you flip through the pages of our fall issue.

We have three original peer-reviewed articles for you. In the spring issue, we published the first part of a two-part series, by **Alexander Villafranca** and colleagues, on the impact of disruptive behaviour in the perioperative setting, looking at solutions from an individual perspective. The second part, headed up by **Alison Forest**, focuses on the systems in place that allow such behaviour to continue and how to make changes to mitigate its negative effects. Hiring processes, education, mentorship, and policymaking are four avenues with potential to contribute positively to managing disruptive behaviour. Working together, it is possible to create a better work environment with a more harmonious culture in the operating room.

We have an article, by **Rachelle Lesy**, about using game-based learning to improve knowledge and skills in the perioperative setting. Gaming has become a very popular pastime, allowing players to work through challenging scenarios. So, why not use that to teach nursing skills and disseminate knowledge? One particularly effective model is an escape room designed to familiarize staff with specific orthopaedic surgery scenarios. Whether it is instrumentation or procedures, game-based learning has proven to be more memorable and a fun way to boost your competence and your confidence. You don't have to be a gamer or tech-savvy to learn from this article.

Mentorship, traditionally, has been the more experienced and knowledgeable professionals advising the less-experienced ones. **Jennifer Dunn** introduces the concept of mutual mentorship in which the participants share knowledge and learn from each other. Breaking down the hierarchical relationship to one of equality allows a relationship that is more receptive to learning, and one that goes both ways. As a mentor or mentee, you will find a lot to think about in this insightful article.

Many new nurses give up nursing within the first two years of practice. Take a look at our **Guest Editorial** from Katherine Corneau, announcing a new resource to make the transition from nurse grad to entry-to-practice professional. Nursing the Future is a program designed to help alleviate the stress and lack of confidence that can be overwhelming for new nurses. Instead, they are supported through a successful transition, as they start their professional career.

In our **Spotlight on Practice** column, Erin Robertson, Coordinator Lead for the 18th edition of the ORNAC Guidelines, explains the hows and whys of the Model for Canadian Perioperative Nursing Practice (©ORNAC, 2025) that was introduced in the guidelines. A must-read for all perioperative nurses.

This third issue since the journal's relaunch will close out the first quarter century of the millennium. Best wishes for a wonderful holiday season and keep those manuscripts coming.



Linda M. Verde
Journal Editor

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