

## LE TRAVAIL D'ÉQUIPE ET L'ENGAGEMENT

### Soumis par :

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Brenda Moffitt et Regina Leonard étaient dans leur lieu préféré (à part le travail), une exposition de courtepoinette, quand elles ont eu l'idée de fabriquer une courtepoinette représentant les services périopératoires. En tant que fournisseur de soins, le personnel périopératoire est toujours en train de partager ses connaissances et ses compétences et d'aider et donner de l'espoir à ses patients. Elles ont voulu créer une façon de partager leurs histoires.

Elles ont présenté leur idée à leurs collègues et ont demandé à chacun de contribuer un carré de courtepoinette représentant ce dont ils sont fiers de leur pratique. Les différentes soumissions (voir figure 1) ont touché une variété de thèmes. Le résultat était une courtepoinette de trente carrés, chacun le symbole d'expériences du personnel périopératoire dans la salle d'opération et la salle de réveil.

Le nom de la courtepoinette, «Le travail d'équipe et l'engagement», a été choisi car il reflète avec fidélité les qualités dont font preuve quotidiennement le personnel périopératoire. Le patient est toujours notre première priorité, et voilà pourquoi nous y concentrons toutes nos ressources et toute notre attention afin de lui fournir une expérience périopératoire sécuritaire.

La courtepoinette représente des réflexions personnelles et de groupe; chaque carré raconte sa propre histoire. Le tout représente les soins



By/Par Regina Leonard

The Quilt

infirmiers, la médecine, les sciences de la santé, la gestion, les ressources et le personnel travaillant tous de concert. Elle reflète également les soins du patient, l'appui des pairs et le soin de soi.

Les thèmes présents dans la courtepoinette comprennent la philosophie des soins infirmiers, l'éducation, le mentorat, la communication, la pratique aseptique, les soins du patient, les relations interpersonnelles, le travail d'équipe, la collégialité, la gestion du temps, la coordination, les activités sociales et le plaisir.

Bien que les thèmes qu'elle représente seront sans doute appropriés dans toute salle d'opération, cette courtepoinette a été créée à l'Hôpital de l'Université de l'Alberta et occupe une place spéciale dans le cœur de tout le monde ayant participé au projet. Tout membre du personnel du service des Soins périopératoires l'a signée afin d'honorer cette réalité.

Grâce à la générosité de Suzanne Biamonte, Cohos Evamy et PCL, la courtepoinette est maintenant en exposition sous une panne verre de plastique à l'entrée du service des Soins périopératoires. Ainsi placée, elle continuera à reconforter, plaire et remonter le morale de patients, familles, personnel périopératoire et autres employés de l'hôpital. Nous espérons que la courtepoinette rappellera à tout le monde que derrière ces portes se trouve une équipe vouée aux soins de qualité.

## TEAMWORK AND DEDICATION

### Submitted by:

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Brenda Moffitt and Regina Leonard were at their favourite spot (other than at work) – a

quilt show – when the idea of making a Perioperative Services quilt was born. As caregivers, perioperative personnel are forever providing knowledge, skill, helping hands and hope to our patients. We wanted to have a medium through which to share our stories with others.

The idea was presented to their colleagues and each were asked to contribute a quilt block that represents “what we do best”. The varied submissions (see figure 1) reflected a wide variety of themes. The end result was a quilt of thirty blocks each of which symbolizes experiences in the Perioperative Services of the

Figure 1

| UNIVERSITY OF ALBERTA HOSPITAL, EDMONTON ALBERTA<br>OPERATIVE SERVICES STAFF QUILT 2005<br>“TEAMWORK AND DEDICATION” |                                                                      |                                                                         |                                                              |                                                                |                                                            |
|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------|------------------------------------------------------------|
| ORNAC<br>Carol Klapstein                                                                                             | Information<br>Sharing<br>Regina Leonard                             | Classy Lady and<br>Mentor Elan<br>Aileen Campbell                       | Heart Menders<br>Fixing Hearts<br>Brenda Moffitt             | University<br>Hospital<br>Nursing<br>Ria Vandehorst            | From My Heart<br>to Your Heart<br>Carol Klapstein          |
| Sticks n' Stones<br>Break My Bones<br>Carol Klapstein                                                                | Best Wishes and<br>Love to Sheila<br>Regina Leonard                  | Big Heart of<br>Cardiac Surgery<br>Judy Connon                          | It's Time to<br>Wake Up<br>Ruth Sutton                       | Anaesthesia<br>Monitoring<br>Carol Klapstein                   | Transplantation<br>Living related<br>kidney<br>Laura Smith |
| Essence of Post<br>Anaesthesia<br>Nursing<br>Rosemarie<br>Luchak                                                     | Operating<br>Room Life Line<br>Carol Klapstein                       | Thanks Doctor<br>Doctor to<br>Patient<br>Relationship<br>Regina Leonard | Circle of<br>Activity<br>Providing Care<br>Regina Leonard    | Friends and<br>Caring<br>Colleagues<br>Brenda Moffitt          | Scrubbing those<br>germs away<br>Stacey<br>Popowich        |
| Work Hard and<br>Play a Little<br>Regina Leonard                                                                     | Time Manage-<br>ment and<br>Coordination<br>Management<br>Carol Ryll | Hand and Heart<br>and Hope<br>Carla Morrison                            | Lung, Liver,<br>Bowel and<br>Breast Ribbon<br>Regina Leonard | Productivity<br>Plus Future<br>Nurses<br>Michele<br>Derbyshire | Patient Centred<br>Resource Driven<br>Christine<br>Mochid  |
| Transplantation<br>Organs of Life<br>Carol Ryll                                                                      | Christmas cheer<br>and planning<br>Michele<br>Derbyshire             | Fire Fighters<br>Burn Treatment<br>Debbie Nystad &<br>Brenda Moffitt    | Otolaryngology<br>Emblem<br>Heather Allen                    | Hope fulfilled<br>Kim McLennan<br>Robbins                      | Branium<br>Preserved<br>Gwen Baldwin                       |

### Acknowledgements:

Brenda Moffitt and Regina Leonard for birthing the idea of a quilt and for piecing of the squares, borders and binding. Staff submission of the squares and monetary donations toward the batting, thread, borders and binding. Suzanne B for volunteering her time and skill for final machine finishing of the completed quilt. Kim Robbins for naming the quilt. PCL for the donation of the frame. Management support and encouragement. Excellence of health care personnel in the Operative Services of the University of Alberta Hospital.

## TEAMWORK AND DEDICATION (CONT.)

Operating Room and Post Anaesthesia Recovery Room.

“Teamwork and Dedication” was chosen as the title for the quilt as this title truly reflects the qualities that perioperative personnel display on a daily basis. The patient is always the centre of our attention and the full team’s resources and energies are focused on providing the patient with a safe perioperative experience.

The quilt depicts personal and group reflections and each block has its own story. It represents nursing, medicine, health sciences, management, support resources and personnel who all work together as the perioperative team. The quilt reflects patient care, peer support, and self care.

Themes depicted in the quilt include nursing philosophy, education, mentoring, communication, aseptic practice, patient care,

relationship building, teamwork, collegiality, time management, coordination, socialization and fun.

While the themes it represents would make the quilt appropriate in any Operating Room,, it is unique to the University of Alberta Hospital and special to everyone who got involved. As a result it has been signed by personnel in the hospital’s Perioperative Services.

Thanks to generous donations by long arm quilter Suzanne Biamonte, Cohos Evamy, and PCL the quilt is now grandly displayed under Plexiglas at the entrance to the Perioperative Services. In this location, the quilt will continue to provide much comfort, joy and pleasure to many patients, their families, Perioperative staff and other hospital personnel. The quilt should help remind everyone that behind these double doors is a very caring and dedicated team! ❁

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## PEARLS OF WISDOM (CONT.)

The circulating Registered Nurse must also be skilled in the scrub role in order to accurately and efficiently supervise, support, teach and maximize the efficiency of the scrub nurse for the entire team. The circulator ensures the scrub nurse is providing all support required by the surgeon, that all items are made available in a timely manner, and that non-verbal communication is used to increase efficiency and reduce stress. Astute and continual observation of the scrub team activities and the anesthesiologist are necessary to ensure the circulating nurse senses any rising levels of concern, complication, or stress, and to respond appropriately, and in a timely manner. Effective direction, coordination and organization of the full surgical team is the lead role of the circulating Registered Nurse. This is not a role where an individual can only worry about their own section of work. The coordination of dozens of elements, each impacting on the overall performance and outcome, is key to the creation of a top performing team that communicates well, respects and values each other, and has the necessary resources and skills to perform the work in a safe, efficient, and timely manner. Providing, and maintaining, the right environment for the team contributes to positive patient outcomes.

The circulating Registered Nurse in the Theatre is able to make use of information from national Standards of Practice, which are developed by North American perioperative nurses and based on research from perioperative practice and other, multi-science, sources.

A circulating Registered Nurse with appropriate communication skills is a major component in successful team functioning. Processing and sharing key information at the right time, with the right team member, is a key factor in critical decision-making and patient care. The ability to effectively share information, while minimizing noise, distraction, and stress factors, requires a specific level of professional development.

The circulating Registered Nurse serves as a patient advocate throughout the procedure. The nurse has assessed the patient pre-

operatively and had the opportunity to converse with the patient and review the patient’s health record. The nurse is often familiar with the patient’s special final wishes or requests, fears, confidences, religious and ethical issues. How this information is used and shared with the team requires a high-level of professional judgment and expertise in both communication and interactive discourse.

The circulating Registered Nurse must have a big picture view of the whole system including knowing where the resources, both human and material, are located, the financial impact of using these resources, how to obtain them, and how to activate resource plans in time for safe patient care.

Understanding the legal ramifications specific to the Operating Room and ensuring that all members of the team adhere, is another important role of the circulating Registered Nurse. The circulating Registered Nurse is responsible for ensuring full team compliance with policies and procedures. Non compliance can increase risk, and create liability issues, so the investment in, and retention of, highly qualified Registered Nurses, to circulate, is of major importance to minimize the patient’s risk and protect the healthcare facility.

### SCRUB ROLE

The perioperative RN, builds upon a solid academic training, the extensive knowledge of surgical anatomy and the sequential steps the surgeon will likely perform in a wide range of procedures. An in-depth knowledge of hundreds of specific instruments, tools, medical supplies, sutures, staplers and devices is critical. Many of the devices must be taken apart to ensure sterilization and reassembled, in a timely manner, on the sterile field. Throughout this training the risks to patients, legal responsibilities and accountability are melded into the patient care plan in order to ensure appropriate outcomes. LPNs, RPNs, and scrub technicians can be trained to conduct the technical component of the scrub role but must be supervised at all times by a circulating RN.