



**Sterillium® Rub**  
**Your hands will  
 love you  
 for it.**



**A treat for tender hands**

Unlike other surgical hand antiseptics, Sterillium Rub leaves hands feeling soft and smooth, not greasy or sticky. It dries quickly and leaves no buildup — allowing quicker, easier gloving — and it won't irritate or dry out your skin.

**Feels different because it is different**

Sterillium Rub is manufactured by Bode-Chemie, a firm that shares skincare technology with its parent company, Beiersdorf — the producer of renowned moisturizers such as NIVEA® and Eucerin®. Sterillium's balanced emollient blend leaves hands feeling soft and smooth, never greasy or sticky. It dries quickly and leaves behind no buildup, allowing quicker, easier gloving — and we like to think that comfort drives compliance.

**Increased efficacy. Incredible comfort. Improved compliance. Sterillium Rub.**

Touchless dispenser is certified as intrinsically safe for convenient and hygienic use in the O.R.

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**President's Message**

I am writing this message in my hotel room in Ottawa where I am attending the Canadian Nurses Association (CNA) Biennium. ORNAC, as an associate specialty group, attends a networking meeting for the associate/affiliate/emerging groups (AAE) at these biennial conferences. With individuals representing 40 groups you can imagine the energy and the passion!

The individuals representing these groups seem, to me, to share certain common characteristics — vision; passion & self-sacrifice; confidence, determination & persistence; and they are role-models and mentors.

I have met too many amazing nursing leaders to name them all but I would like to take this opportunity to recognize a few of these special people who I, personally, consider to be mentors in perioperative practice.

Margaret Farley is one such leader and mentor. Many of you know her personally or know of her as the Past-President of ORNAC. Margaret is my inspiration — she is the person who encouraged me to get involved in ORNAC and has helped support me over my years of involvement. At this year's CNA Conference she was the inaugural recipient of the *Order of Merit for Clinical Nursing Practice* and both ORNAC and myself could not be more proud! To put this honour into perspective, just over 20 years ago perioperative nursing was not recognized as a body of knowledge nor was it recognized as a specialty group within nursing. The dedication of several nurses challenged the status quo and today our leaders are being acknowledged in our clinical practice. Thanks to those motivated nurses, perioperative nursing is flourishing as a dynamic specialty group and ORNAC is recognized by its peer-groups around the world! Congratulations to Margaret on this well deserved achievement!

In addition to the countless other inspiring perioperative nurse leaders I've met in Canada, I have had the privilege of meeting many from all around the world. Despite our different locations and languages, we share a common thread with our commitment to providing safe patient care across the surgical continuum.

Paul Ward was a Senior Lecturer & Deputy Director, Operating Department Practice at the School of Healthcare Studies at Cardiff University who had worked tirelessly and unselfishly to enhance perioperative nursing practice. The first time I met Paul, we literally bumped into each other at a conference in Dublin. We crossed paths again in Harrogate and at the ORNAC Conference in Victoria. Anyone who met him will remember his passion and

commitment to mentoring and teaching. Paul passed away, tragically, after a routine operation that took place shortly after taking the trip to Victoria with his beautiful family. In



memory of Paul, we have the great honour of including one of his articles in this edition. His spirit and gentle soul will always be remembered and I will remain grateful for having had the opportunity to meet such an amazing person and mentor.

Dr. Lois Hamlin is another such international dynamo who I consider a leader and mentor. Dr. Hamlin was the most recent recipient of the Judith Cornell Oration at the Australian College of Operating Room Nurses (ACORN) 2008 Congress. She is a perioperative nurse and a senior lecturer in Sydney, has completed doctoral studies in perioperative practice, has written and presented several papers, and is currently the writer and lead editor of the first Australian perioperative textbook. Her final words to the group at this congress will forever reverberate in my mind as I carry on in my nursing career:

*"You are the giants on whose shoulders I (and others) stand. If we can see further than you, or things at a greater distance, it is not by virtue of any sharpness of sight on our part, but because we stand on your shoulders."* (ACORN: Standing on the Shoulders of Giants, Dr. Lois Hamlin, 2008)

We can all be inspired by and learn from those around us, but the greatest challenge lies in what we do in our everyday work lives and how we inspire others! \*

*Linda M. Socha*

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