

Put the power of clinical proof in your hands.

**ChloraPrep®**  
Patient Preoperative Skin Preparation  
2% Chlorhexidine Gluconate (CHG)  
& 70% Isopropyl Alcohol (IPA)



**ChloraPrep® skin preparation: Unmatched clinical evidence in every applicator.**

Recently published data demonstrated that preoperative skin disinfection with ChloraPrep was associated with reduced total SSIs by 41% (from 16.1 percent to 9.5 percent) compared to the use of povidone-iodine solution.<sup>1</sup>

- The use of ChloraPrep is supported in more than 35 published studies.
- The Safer Healthcare Now! Surgical Site Infection Campaign recommends alcohol based chlorhexidine antiseptic solutions instead of povidone-iodine for surgical skin preparation. Single-use applicators should be used to reduce the risk of fire hazard and limit the amount of fluid pooling under the patient.<sup>2</sup>
- The patented ChloraPrep applicator promotes aseptic technique, and unlike prep pads, reduces the risk of direct hand-to-patient contact, helping to prevent cross-contamination.<sup>3</sup>

**ChloraPrep®. The proven way to prep.™**

**REFERENCES:**

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3. Saltzman MD, Nuber GW, Gryzlo SM, Marecek GS, Koh JL. Efficacy of surgical preparation solutions in shoulder surgery. *J Bone Joint Surg Am*. 2009;91 A(8):1949-1953.

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For further information, please contact your Surgical Specialist at 905.417.2743.

## President's Message

*“Those who achieve excellence are not satisfied with average practice. In fact, those who achieve excellence are constantly challenging the attitudes of the group, and are advocating a new vision of what might be”.*

- Betty Davis, keynote address, 1990 Registered Nurses Association of BC Awards Dinner.

Ten provincial representatives, three affiliate representatives, five executive members and the executive director were all invited to attend an ORNAC strategic planning session from August 27-29, 2010 in Ottawa, ON. The purpose of this meeting was to bring together experts in the field of perioperative nursing practice in order to work through a strategic planning process that included analysis, discussion, debate, and strategizing and planning for the future of ORNAC.

ORNAC invited representatives from across the country in order to ensure that critical issues from each province and affiliate group were addressed and that measures could be put into place to positively impact perioperative practice environments. This strategic planning process was aimed at advancing perioperative excellence, patient safety and the sustainability of ORNAC. Key themes emerged during the discussions, outcomes were defined, and a plan for moving forward was confirmed.

Reviews and refinements of draft versions of the strategic plan will be completed during the next few months with a final strategic plan being presented at the AGM being held during the national conference in May 2011.

The availability of leadership, motivation and support for perioperative nurses, in the highly pressurized environment of perioperative practice, is critical to the delivery of safe, effective patient care. The representatives agreed that ORNAC will continue to provide leadership in perioperative practice and patient safety and shall remain a strong unified voice for Canadian perioperative nursing.



The Oxford English Dictionary defines an advocate as “a person who publicly supports or recommends a particular cause or policy and a person who pleads a case on someone else’s behalf”.<sup>1</sup> As ORNAC advocates on behalf of the membership, perioperative nurses also serve in the role of patient advocates for patients undergoing sedation, anaesthesia and surgery. Nursing advocacy plays a critical role in keeping patients safe throughout their encounters with the health care system. Specifically, perioperative nurses play an instrumental role in establishing a relationship with the patient and serving as the patient’s advocate when the patient can not act for himself or herself.

This statement is the foundation for the 2010 Perioperative Nurses’ Week theme:

- ASK – Know the procedure
- CONNECT – Know the patient
- ADVOCATE – Know when to speak out

I welcome your comments and can be reached at [president@ORNAC.ca](mailto:president@ORNAC.ca). Best wishes for your health and happiness in 2011 and remember to celebrate your “excellence”. 🍁

*Bonnie W. McLeod*

**References**

1. Soanes, C., Hawker, S., & Elliott, J. (Eds.). (2005) *Paperback Oxford English Dictionary* (6th ed. pp.11) New York: Oxford University Press.

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