
PRESIDENT'S MESSAGE

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“Enlightened leadership is spiritual if we understand spirituality not as some kind of religious dogma or ideology but as the domain of awareness where we experience values like truth, goodness, beauty, love and compassion, and also intuition, creativity, insight and focused attention.”

- Deepak Chopra

I am fortunate to know many learned individuals. I have been mentored, coached and taught by some exemplary people. They have influenced my professional and personal life over the years. I recently approached a few of them to help me work through a major professional decision and they stepped forward, when asked, and never denied me the attention that I sought. Each person contributed valuable insights and shared life experiences that helped to shape my decision-making process. I experienced deep gratitude and humility in their presence.

One person, in particular, helped me grow – I will call him Sam. I turned to him because he is well respected, experienced, and authentic. I knew he would provide the mentorship and guidance that I needed and I was confident that I would get honest feedback from him. What I did not know, initially, was how much I would learn from him about the fundamental aspects of leadership. My interactions with Sam began with discussion of a basic task and quickly evolved into conversations rich in valuable content. Sam demonstrated the values of authenticity and self-awareness through his stories. He prompted that awareness in me by asking questions and making comments that often elicited pause and reflection. Sam was always patient. He waited and watched. There were times when I was not able to answer the question, no matter how long I contemplated it, and those moments also provided life lessons.

On a few occasions Sam started a statement with “this is what I know.” I began to wonder what I knew with that level of confidence. It made me think... a lot. This is, apparently, a pathological condition that I have. I confess it and know it to be true (another believe I solidified with Sam). So what I know is that I am called to be a nurse. It is not just a job but is something I feel compelled to do. I like to be around people and to have the opportunity to serve and care for them. I endeavour to serve and care for my team, as well as my patients, and I hope that I can inspire them in the ways that my mentors have inspired me. Very few experiences parallel the experience of being exposed to enlightened leaders. I can only aspire to Sam's abilities... but at least I have a goal!

Wishing you all your own inspiration and a warm and fun filled summer to enjoy with family and friends. 🍁

Warmest Regards,

Rupinder Khotar



PS: Sam is not perfect!
He tells terrible jokes about running bulls.